

## COLLABORATIVE PARTNERSHIPS IN SPORTS ERASMUS +

### PROJECT SCHEME

TITLE: **3SP: SPECIAL SPORTS FOR SPECIAL PEOPLE**

**Deadline: May 14th 2015, 12:00 (noon), Brussels time**

### PROJECT OBJECTIVES

#### DESIGN AND PILOT EDUCATIONAL ACTIONS RELATING TO:

- A. Education to healthy lifestyles (sport as physical activity for health and primary prevention) with particular attention to the weakest groups with less opportunities in the access and practice of sport
- B. Sensitization on the value of sport and physical activity and promotion of sport for social inclusion for disadvantaged persons (sports for all).

### STRATEGY

To present a joint proposal with a network of national and international partners representing competencies from the worlds of Education and Vocational Training, Youth and Sports' Associations, Welfare, Social and Educational Institutions (local administrations).

Also in light of sport's activities already promoted within VET by different national (and other) organisations, the project means to capitalise on partner organisations' local networks and collaborations with non-profit entities towards inclusion, well-being and sport's activities.

Basically, the idea is to identify, on the national territory and in other 4-5 Programme Countries, "**territorial antennas**" in different regions/provinces/cities/neighborhood, consisting of a Vocational training organisation, a sport Association and a local institution (in charge of training, education, welfare policy).

Such "territorial antennas" in each country are coordinated by the Project's executive Partner.

## EXPECTED RESULTS

The project focuses on:

- **Creation** of TRAINING MODULES -and RELATED LEARNING KITS (selected and organized compilations of learning materials and activities such as group activities, exercises, physical activities, etc.) on the theme of ***Sport and Physical Activity for promoting health***, with special attention to weak groups with less opportunities (disabled people, social excluded or marginalized people, youth at risk of deviation) as well as and a METHODOLOGICAL GUIDE, developed by a multidisciplinary international team. Modules could tackle issues such as:



Education to Sport and Physical activities for the improvement of Health and prevention of diseases connected to sedentary lifestyle, obesity, stress or to the use of doping, awareness raising about food supplements ... (Body & Sport)



Education to Fair and Inclusive/integrated Sport and Physical activities for the improvement of Healthy lifestyles for people with fewer opportunities and as an instrument towards social inclusion for disadvantaged persons (Soul & Sport)



Education to the importance of Sport and Physical Activity for the development of learning abilities and transversal competences (Brain, Heart & Sport)

The methodological approach adopted by 3SP has already proved to be successful in a previous Daphne project: <http://www.scformazione.org/progetti/povel/>

- **Staff training** focused on methodologies, principles, supporting tools related to the peer learning approach and active involvement of young people in the creation of Open Educational kits.
- **Piloting** the kits and the methodology in all partners' Countries.

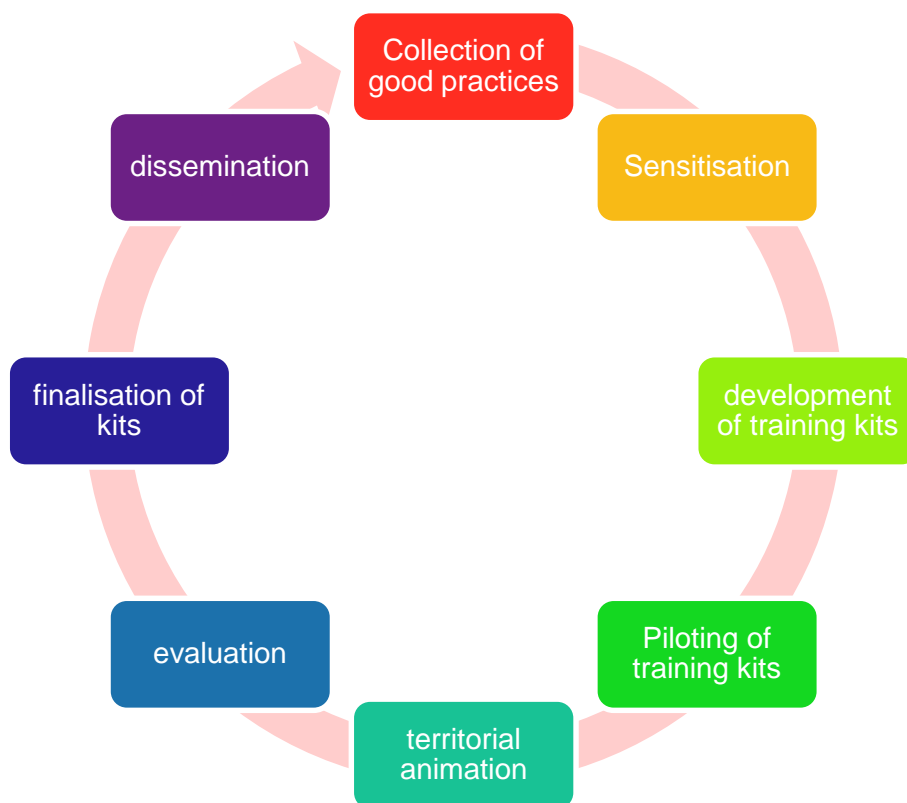
The general criteria for the designing and development of the educational kits will be:

- Design solutions which do not necessarily require specific infrastructure: courts, gymnasiums, pools...) that territorial antennas may not be equipped with;
- Favor team sports conducive to team-building (e.g. relay racing, orienteering, sailing...), promoting healthy competition, fair play and a positive management of competitiveness, allowing for tension discharge without generating conflict and making of fairness a value and point of honor (e.g. martial arts, capoeira...).

Each *territorial antenna* will be able to pilot educational modules by applying them to a sport of choice coherently with the territorial antenna's own local network

Core activities will be compounded with DISSEMINATION and MAINSTREAMING actions in countries involved.

### HYPOTHESIS OF PROJECT ACTIONS



## DETAILS ON THE PARTNERSHIP

### ITALIAN PARTNERSHIP:

The project is promoted by a group of national associations of Vocational Training Centers that are all members of the CONFAP network:

1. Scuola Centrale Formazione (mandated as Lead Partner for the purpose of the initiative, while the others endorse the project as partners);
2. Fondazione Casa di Carità Arti e Mestieri onlus
3. ENAC - Ente Nazionale Canossiano.

### INTERNATIONAL PARTNERSHIP

The foreign partnership is composed of organisations of different nature, which could bring to the project different competencies:

4. Christliches Jugenddorfwerk Frechen (Germany), private and no profit VET organisation working with youth aged 13-25 years old;
5. Coleg Cambria in Wrexham (United Kingdom), further education institution working with youth aged 16-25 years old;
6. Generalitat de Catalunya. Departament d'Ensenyament. Direcció in Barcelona (Spain), regional public body with a mandate on education and training policy;
7. City of Pula (Croatia), local authority with a mandate on sport;
8. Comité Européen de Coordination in Brussels (Belgium), an European network bringing together 21 organisations based in 14 Member States representing about 850 bodies.

Identified partners are required to submit:

- a profile sheet containing details of the organisation, prior experience within similar projects or on the subject matter at stake, reference to subjects within own local network who could be involved as associate partners or supporters (see the form in attachment)
- CVs of key Staff (curricula vitae)
- Support letters from territorial supporters which are available to cooperate (the so-called "Territorial antennas"), such as: local authorities, sport associations, higher education institution specialized in sport science, networks of lower/higher secondary schools/VET schools, youths associations, etc.

*We are getting in touch in with a NATIONAL SPORT ASSOCIATION and an NGO representing disables people and their families in Italy and a NGO in Belgium offering sport opportunities to disabled people.*

**DURATION: 24 MONTHS**

MAXIMUM GRANTED AWARDED: 500.000 EUR.

BUT **Partner Organisations MUST co-finance 20% of the total project budget.** Co-financing may take the form of the beneficiary's own resources, financial contributions from third parties (e.g. private companies) or income generated by the project. Contributions in kind are not considered as a possible source of co-financing.

### OPERATIONAL NOTES:

**RULES ABOUT THE APPLICATION FOR DIFFERENT PROPOSALS:** organisations can submit or can be a partner in several proposals provided that the projects are genuinely distinct. Double financing is strictly prohibited.

### ELIGIBILITY OF PARTNERS:

- All partners MUST be **non-profit (public or private body)**
- All partners MUST have a **PIC Code on the "Participant Portal" (ECAS)**

### Further details about the call:

[http://ec.europa.eu/programmes/erasmus-plus/documents/erasmus-plus-programme-guide\\_en.pdf](http://ec.europa.eu/programmes/erasmus-plus/documents/erasmus-plus-programme-guide_en.pdf)